

## **WEEKLY PLAN**



### **Week 3: Every Word Matters**

One thing we notice about conflict is that both in stirring up trouble and settling toward a resolution, words matter.

Words can entice or encourage. The fruit of faithfulness means we exhibit patience and self-control.

## PRAYERTIME

THIS IS YOUR DAILY SCRIPTURE: "And be kind and compassionate to one another, forgiving one another, just as God also forgave you in Christ" (Eph. 4:32).

THIS IS YOUR DAILY PRAYER: God, as a parent, help me to always show compassion to my children. Let me always have a spirit of forgiveness. This is what You have shown to me through Your Son in my life. You forgave me and showed me compassion when I did not deserve it. May my children see Your grace and mercy by the way I treat them when they stumble.



**PARENT PRE-READING:** "No foul language should come from your mouth, but only what is good for building up someone in need, so that it gives grace to those who hear" (Eph. 4: 29).

**CONVERSATION STARTER:** I was reading in Ephesians 4 and was reminded that our words should be used to build each other up. I always want us to have a strong relationship. Here are just a few things that I love about you and I hope encourage you today...



**STARTING QUESTIONS.** What's a goofy pet-peeve that can make you frustrated?

**DEEPENING QUESTION** Do you think there is ever an okay time to get angry?

**READ THIS TOGETHER** "Be angry and do not sin. Don't let the sun go down on your anger" (Eph. 4:26)

**SCRIPTURAL APPLICATION QUESTIONS** What's the difference between godly anger and worldly anger?

In this passage, it tells us not to let the sun go down on our anger. What do you think this means?

How might allowing anger to hang around for days or longer really start to affect us and the other relationships around us?

# ACTIVITYTIME

#### DESSERT AND TRUTH

Some of the best lessons we can teach our children is from examples of times we have failed. Make a dessert and sit down with your teen.

Tell them a story of a time in your life when you allowed anger or a lack of forgiveness to really damage a relationship.

Talk through how that has affected you and that person. Hopefully, this could even lead to some healing for yourself and maybe some reconciliation of this relationship if that has not already happened. Help your child see ways that you could have done things differently.