



# MAKE IT STICK

5 Simple Ways You Can Make This Lesson Stick With your Kids

## Wonder Women Lesson 7

### THIS WEEK'S LESSON: ABIGAIL, HUMBLE HERO



#### IN THE CAR:

Ask your child what they learned about this week on the drive home:

Abigail was married to a very mean man named Nabal. Her husband was very rude to David and his soldiers even after David had been kind to him. David was about to kill Nabal and everyone that lived with him, but Abigail went to David and asked for forgiveness for her husband. Heroes aren't afraid to apologize to make things right. 1 Samuel 25:14-34, Abigail Saves Her Household



#### HANGING OUT:

Make this week's lesson real:

Share a time with your kids when you had to make something right, as a child or as an adult. What did you do that hurt someone? What did you do to make it right?



#### AT DINNER:

Here are some great discussion starters:

- Why did Abigail apologize for her husband?
- What did Abigail do besides just say she was sorry?
- Why does God want us to show we are sorry with actions and not just words?



#### AT BEDTIME:

Quiz your child on this week's memory verse:

*"The Lord gives me strength and makes me secure. He has saved me." Psalm 118:14 (NirV)*



#### PARENT TIME:

What you need to know:

God wants us to humble ourselves when we've wronged someone. That means not only saying we are sorry, but making it right. Encourage your kids to make restitution when they've broken something or hurt someone. Help them to do the right thing and to take actions that will not only mend broken things, but broken relationships.