

WEEKLY PLAN



Week 1: Joy In The Morning

Joy is the counter culture. Joy is the anthem of faithful trust and belief that the God of hope does not despair. This month we are examining the ways in which we find, express, and rely on joy during difficult times. Week by week we will uncover biblical truths of how joy informs our days and our lives. This first week we will talk about how pure joy starts in the morning.

PRAYERTIME

THIS IS YOUR DAILY SCRIPTURE:

You reveal the path of life to me; in your presence is abundant joy; at your right hand are eternal pleasures (Ps. 16:11).

THIS IS YOUR DAILY PRAYER:

God, You show me your ways and it leads to life for me. Remind me, Lord, that I can always find abundant joy in your presence. Near You is all I ever need in this life.



PARENT PRE-READING: Your words were found, and I ate them. Your words became a delight to me and the joy of my heart, for I bear your name, Lord God of Armies (Jer. 15:16).

CONVERSATION STARTER: I was reading in Jeremiah 15 and it says that God's words become a delight to me. Do you feel like His words are a delight to you? Why or why not?



STARTING QUESTIONS

How would you explain the difference between happiness and joy?

READ THIS TOGETHER For his anger lasts only a moment, but his favor, a lifetime. Weeping may stay overnight, but there is joy in the morning (Ps. 30:5).

SCRIPTURAL APPLICATION QUESTIONS

This passage reminds us that hard times don't last forever. What should we do when we find ourselves in difficult situations?

When the passage says "but there is joy in the morning," what do you believe it's talking about? Can this be encouraging to us when we face difficulties?

How might faith and trust in God be encouraging when times are difficult?



THE JOY IN THE MORNING

Even when today is difficult there can be joy in the morning. We don't know what tomorrow will hold. Enjoy together the joy of the unknown. Plan a journey together. This can be as simple as a walk or a car drive. At each turn randomly choose a direction to go. Have no plan where you want to go when you first start. Enjoy the time together and see where it may take you. Please be careful and don't get lost in the woods. But make some great memories and be reminded that while we don't know the future, God is always in control.