

### **WEEKLY PLAN**



# Week 1: The Purpose of Humility

Humility looks like this, a people who call on the name of the Lord for all of their needs. It's the defining difference between God-honoring folks and those who are self-serving.

## PRAYERTIME

#### THIS IS YOUR DAILY SCRIPTURE:

My people, who bear my name, humble themselves, pray and seek my face, and turn from their evil ways, then I will hear from heaven, forgive their sin, and heal their land (2 Chron. 7:14).

#### THIS IS YOUR DAILY PRAYER:

Father, You have called me Your own. Teach me to lay everything at Your feet. I desire that I and my family would seek Your face in all things. I know that You will hear me from heaven. You forgive my sins. Lord, heal our land and start with me and my family.



**PARENT PRE-READING:** With all humility and gentleness, with patience, bearing with one another in love (Eph. 4:2).

**CONVERSATION STARTER:** I was reading in Ephesians and it talks about bearing with one another in love. Who is someone you find it difficult to love or be kind to? How so?



#### STARTING QUESTIONS

How would you describe what humility is? Do you think humility is a characteristic that we value as a family? Why or why not?

**READ THIS TOGETHER** Mankind, he has told each of you what is good and what it is the Lord requires of you: to act justly, to love faithfulness, and to walk humbly with your God (Micah 6:8).

#### **SCRIPTURAL APPLICATION QUESTIONS**

What do you believe it means to "act justly"? Can we think of an example together?

What does it mean to "love faithfulness"? Do you believe we do this well as a family? How could we improve?

How do you walk humbly with God? How is walking humbly and having low self-esteem different?



#### DAY OF SERVICE

We can learn humility and service by studying the life of Jesus. He calls each of us to serve one another. Take a Saturday morning or one evening to talk as a family about the power and love of serving one another. Some ways to serve are spontaneous and some are planned. Today, challenge your family to find one way to serve someone else in your family without expecting anything in return. Each person gets to choose what they do. It can be big or small. Anything from cleaning their room, washing a car, or going to buy them their favorite snack. After it's over, talk about what you learned and why you did what you did.