

### **WEEKLY PLAN**



# Week 3: The Posture Of Humility

Humility looks like how we respond to a prideful world. Our earnest desire should be to become more kind, compassionate, gentle and patient. We ask God to refine us. As parents we pray and work to correct and encourage our children in the humble ways of Jesus.

## PRAYERTIME

#### THIS IS YOUR DAILY SCRIPTURE:

Therefore, as God's chosen ones, holy and dearly loved, put on compassion, kindness, humility, gentleness, and patience, bearing with one another and forgiving one another if anyone has a grievance against another. Just as the Lord has forgiven you, so you are also to forgive (Col. 3:12-13).

#### THIS IS YOUR DAILY PRAYER:

God, You have chosen me. You remind me that I am holy and dearly loved because of the work of Your Son. Teach me and help me put on compassion, kindness, humility, gentleness, and patience. May I always bear with others and forgive them. Each of these characteristics and forgiveness is found in You and demonstrated to me.



**PARENT PRE-READING:** Humble yourselves before the Lord, and he will exalt you (Jas. 4:10).

**CONVERSATION STARTER:** I was reading in James 4 and it says to humble yourselves before the Lord and He will exalt you. What do you think it looks like to be exalted by the Lord?



#### STARTING QUESTIONS

Has there been a time in your life when pride or arrogance has led to a problem for you? Did you get in trouble or make a mistake?

**READ THIS TOGETHER** When arrogance comes, disgrace follows, but with humility comes wisdom (Prov. 11:2).

#### SCRIPTURAL APPLICATION QUESTIONS

What's the difference between arrogance and confidence?

How does the work and life of Jesus push us to become humble people? How did we see humility in Him?

What does wisdom that comes from humility look like?



#### **FORGIVENESS**

This activity may not be the most fun, but it is an important challenge to do with your family. Forgiveness takes humility. There are sometimes things that happen and times when we say things that we regret. It's easy to sweep them under the rug and not talk about them, but forgiveness is first given to us by God and demanded of us toward others. If forgiveness needs to be extended to one of your children or you need to ask for forgiveness, do not wait any longer. Take this opportunity to sit down with your child and have this conversation. Our prayers are with your family.