

PARENT PARTNER

WEEKLY PLAN



Week 4: The Plan Of Humility

Humility was the plan all along to free us from the burdens of this world. Pride and self-serving interests create a pace that can devastate relationships and our own understanding of joy. God's plan of humility is light and life and rest for a weary world. It gives us confidence of how to live.

PRAYER TIME

THIS IS YOUR DAILY SCRIPTURE:

Take up my yoke and learn from me, because I am lowly and humble in heart, and you will find rest for your souls. For my yoke is easy and my burden is light (Matt. 11:29-30).

THIS IS YOUR DAILY PRAYER:

Jesus, may I be connected to You in service and learn from You. Lord, You are lowly and humble in heart and I desire this for my life. It's in You that my soul finds rest. Relationship with You is easy, and Your burden is light.

DRIVE TIME

CONVERSATION

PARENT PRE-READING: Humility, the fear of the Lord, results in wealth, honor, and life (Prov. 22:4).

CONVERSATION STARTER: I was reading in Proverbs 22 and it talks about humility, the fear of the Lord, results in wealth, honor and life. What do you think this verse is trying to communicate to us?



STARTING QUESTIONS

How would you describe current fashion trends? How important to you is being fashionable?

READ THIS TOGETHER *Don't let your beauty consist of outward things like elaborate hairstyles and wearing gold jewelry or fine clothes, but rather what is inside the heart—the imperishable quality of a gentle and quiet spirit, which is of great worth in God's sight (1 Pet. 3:3-4).*

SCRIPTURAL APPLICATION QUESTIONS

Do you think our society can focus too much on the outward appearance? Why or why not?

Do you think it is wrong to focus at all on outward appearance? Why or why not?

What inward qualities of beauty should we be focused on?

Why do you think a gentle and quiet spirit has great worth in God's sight?

ACTIVITY TIME

MIRROR ENCOURAGEMENT

There is a big difference between humility and bad self-worth issues. Parents, this activity is completely for you. Find an encouraging quote or beautiful Scripture, and when your child is not at home, write this encouragement on their bathroom mirror or on a mirror in their room using dry erase markers or window chalk. Help them see that beauty is more than skin deep and character is more valuable.