

# LESSON 7 | God Cares for us

**Bible Basis:** Exodus 14; 16; 19 – 20

**Bible Verse:** 1 Peter 5:7: “Turn all your worries over to him. He cares about you.”

**Bible Point:** God took care of the Israelites. God loves and cares for us too!

**Resource:** *The Beginner’s Bible*

- “The Red Sea” (pages 111 – 115)
- “Food From Heaven” (pages 116 – 119)
- “Ten Commandments” (pages 120 – 123)

## How to use This Page

This week, you can read the stories listed above in *The Beginner’s Bible* several times to help your child remember them. Use the Table Talk questions below to start a discussion around the dinner table, while driving in the car, or just about anywhere. The Living Faith activity is designed as a drama to help your child remember the Bible lesson. The Extra Mile provides interactive ways for your child to connect with the story.

### TABLE TALK

1. How did God care for the Israelites on the way to their new home? (*He saved them from the enemy army at the Red Sea. He gave them food/manna and water in the desert.*)
2. What happened when Moses struck the rock? (*Water came out.*)
3. What did God give Moses on the mountain? (*The Ten Commandments.*)
4. How does God care for you? (*He gives me everything I need and helps me.*)

### LIVING FAITH

All three of this week’s stories talk about the Israelites and Moses, and they take place as the people were making their way from Egypt to the new land. Have your child and other family members act out the stories as you read aloud from *The Beginner’s Bible*. Give the leading role of Moses to your preschooler. Provide props such as a bathrobe and broom for a robe and staff, a blue blanket for the

Red Sea, a large chair for the rock, and a tall shelf or the refrigerator for the mountain. You can use cereal flakes for the manna.

When you come to the place(s) in the stories where a Bible character speaks, instruct your child what to say. If possible, have your child perform the Bible drama for other family members in person, via Skype, or using a video camera.

### EXTRA MILE

- Say the memory verse with your child several times. To help to remember the words, use these actions:

**Turn all your worries** (*Extend arms, palms up*)

**over to him.** (*Raise extended hands over head*)

**He cares about you.** (*Hug yourself*)

- Another way to learn the memory verse is to sing these modified words to the tune of “Are You Sleeping?”

*Give your worries, give your worries*

*Over to him, over to him*

*Give your worries to him, give your worries to him*

*He loves you, he loves you.*

- Encourage your child to tell one of the stories to you. You can do this as a bedtime activity — reversing the roles of teller and listener.
- As a family, make folded cards with the words “God cares for you” on the outside. Print the memory verse on the inside. Decorate the cards