

WEEKLY PLAN



WEEK 2: PATIENCE WISDOM RENEWAL

Patience is one of the most important and difficult virtues to cultivate in the Christian life, probably because it requires a commitment to daily renewal. This week, seek great understanding by first seeking God's wisdom. Look for ways to listen first, listen longer, and be slower to become upset.

PRAYERTIME

THIS IS YOUR DAILY SCRIPTURE:

A patient person shows great understanding, but a quick-tempered one promotes foolishness (Proverbs 14:29 CSB).

THIS IS YOUR DAILY PRAYER:

Lord, give me patience today that I may show understanding to my spouse and children. Keep me from being quick-tempered as that would promote foolishness in me and my family.



PARENT PRE-READING:

Then he said to his disciples, "Therefore I tell you, don't worry about your life, what you will eat; or about the body, what you will wear. For life is more than food and the body more than clothing. Consider the ravens: They don't sow or reap; they don't have a storeroom or a barn; yet God feeds them. Aren't you worth much more than the birds? Can any of you add one moment to his life span by worrying? If then you're not able to do even a little thing, why worry about the rest? Luke 12:22-26 (CSB).

CONVERSATION STARTER:

I was reading Luke 12 and it was a good reminder that we shouldn't worry because if God takes care of the birds, how much more will He take care of us. How do you see God taking care of our family? How do you think it can help us when we identify and thank God for the provisions He has given us?

ACTIVITYTIME

SUN UP, SUN DOWN.

There are a lot of things that happen between sun up and sun down each day. It takes some planning, sacrifice, and time to watch both a sunrise and a sunset each day. Being patient with each other often takes all three of these things, too.

Make a plan for one day this week to get your family up early to watch the sunrise and sunset together. Share with them how thankful you are for them at both of these times and how beautiful your time is together.



STARTING QUESTION

Do you ever feel emotionally tired or frustrated? What causes you to feel that way?

DEEPENING QUESTION

What do you think God's solution would be for that feeling of frustration?

READ THIS TOGETHER

Do you not know? Have you not heard?

The Lord is the everlasting God, the Creator of the whole earth.

He never becomes faint or weary; there is no limit to his understanding.

He gives strength to the faint, and strengthens the powerless.

Youths may become faint and weary, and young men stumble and fall,

but those who trust in the Lord, will renew their strength;

they will soar on wings like eagles; they will run and not become weary, they will walk and not faint (Isaiah 40:28-31 CSB).

SCRIPTURAL APPLICATION QUESTION

How can having hope in God give us strength? Is there something to be learned here to change our understanding of us being in control to God's being in control?